

State-Funded Senior Home Care (Massachusetts)

The Massachusetts Executive Office of Elder Affairs provides home care services to eligible seniors. A case manager, in collaboration with the patient, will determine eligibility and approve appropriate services.

Services might include homemaker, personal care assistance, an Adult Day Health program, home delivered meals, transportation, and money management. See the full list at: mass.gov/info-details/home-care-program.

Eligibility

To qualify, you must meet age, care needs, and financial need requirements.

1. **Age:** you must be 60 years or older, or under 60 with a diagnosis of Alzheimer's disease and in need of respite care services.
2. **Care needs:** you must require assistance for certain tasks **and** must have "critical unmet needs".
 - **Critical Unmet Needs** include **Activities of Daily Living** ("ADLs": bathing, dressing, eating toileting, continence, transferring, and mobility), and **the following Instrumental Activities of Daily Living** (or IADLs: meal preparation, shopping, medical transportation, and need for home health services or respite care).
 - Additional, non-critical, IADLs include laundry, managing money, housework, use of telephone, outdoor, mobility, and taking medicine.
 - Depending on funding levels, requests may need to be prioritized. Generally, the greater the number of ADLs and IADLs requiring assistance, the higher the priority. Those who only (or primarily) need help with IADLs may be classified as lower priority or may not qualify.
3. **Financial need:** MassHealth members are financially eligible. Income guidelines require Annual Gross Income less than \$2,901/month or \$34,812/year in calendar year 2025.
 - **Monthly Co-payments**
 - \$10 - \$141 for individuals with incomes that range from \$15,848 - \$35,601.
 - \$14 - \$199 for two-person (married) income that range from \$21,342 - \$50,374.
 - See specific cost-share schedules: mass.gov/info-details/cost-share-guidelines-for-home-care.
 - **Note on respite services:** Those providing daily care for an elder may qualify for help paying for respite services. The amount of help depends on income, but the income limit is much higher than the homecare limit listed above. See: mass.gov/info-details/cost-share-guidelines-for-home-care.

To Apply

Call 800AgeInfo (800-243-4636 or TTY 800-872-0166) or see mass.gov/info-details/find-your-regional-aging-services-access-point-asap for your local **Aging Service Access Point (ASAP)** agency.